

# Dog minding keeps everyone happy



Dale Southwell enjoys minding Billy, the pet pomeranian.

Feeling a little blue? Studies show that the best medicine to boost your spirits may be a warm and fuzzy dog.

But if owning a pooch doesn't fit into your budget or your plans, Don't Fret Pet has the perfect solution – host a dog while its owners are away.

The leading dog-minding service in Australia scientifically matches a dog's temperament and needs with a dog-minder so you can be sure of a houseguest that is a perfect fit for your home and lifestyle.

More and more seniors are becoming Don't Fret Pet dog-minders in what has become the hottest trend in temporary doggie day-care.

And their doctors and families are thrilled, especially since research confirms that pet companionship has positive effects on physical and emotional well-being.

But if dogs are helping their minders benefit from more physical exercise and affection – while earning some extra money – minders are equally helping out dogs.

Studies show, for instance, that when you pat a dog, not just your heart rate slows and blood pressure drops, but so does the animal's.

With the service, pooches can get the love and belly rubs they need to stay happy and healthy while their owners are away.

"We're a country of dog lovers, with almost 50 per cent of households owning a dog," says Kathleen Mansfield, director of Don't Fret Pet.

"For so many pet parents, leaving a dog in the care of the right dog-minder relieves not only their stress and anxiety, but that of their dogs, who may be distressed if left alone or in a cage."

Don't Fret Pet has become famous nation-wide for its advanced match-making program that Kathleen Mansfield says is the envy of dating services. "Our program ensures love at first sight by matching the dog's personality, habits, and quirks with minder's preferences and needs."

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pooches passed av

With their grow  
away from home,  
says it does her a  
world of good to b

"Giving the dog  
very calming effec  
"I think more elde  
do this job, the d  
ness with them."

Four-legged h  
might include the  
shitsu who likes t  
with his hosts, M  
who likes to be d  
at night, or Oliv  
drops her brush  
when she wants t

Currently, there  
DFP minders arc  
with more signing

For more inform  
Fret Pet visit [www.dontfretpet.com](http://www.dontfretpet.com)  
or call 1300 30 70 2